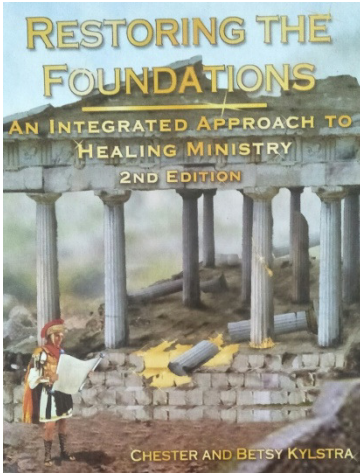


# RESTORING THE FOUNDATIONS (RTF)

Seminar @ JCC on 22 Sep 2018



Problems, more problems and seemingly endless problems that always threaten to overwhelm us. How many of us are spared? How many wish to restore their life and relationships?

Early this year, together with a group from JCC, I attended a course based on the book RESTORING THE FOUNDATIONS – AN INTEGRATED APPROACH TO HEALING MINISTRY.

It was an enriching experience as course participants gained insights into the causes of life's multitudes of problems and the ways at our disposal to deal with them.

On 22 Sep, another RTF seminar was conducted at JCC, and I was eager to participate again. There was no harm to be refreshed on what I had learned.

The four sources of our problems can be generally categorised as:

- Generational sins and curses (i.e., sins of our Fathers)
- Ungodly Beliefs
- Life's Hurts (Soul-Spirit Hurts)
- Demonic Oppression.



Certainly, it was one thing to read the book; and an entirely different experience with fellow brothers and sisters in Christ gathered together providing the encouragement to engage in mind-opening discussions on identifying the issues and going through

the RTF's approach to victory, healing, hope and freedom.

I even participated in a group role-play item (with a rope) that brought home a message in a lively manner.

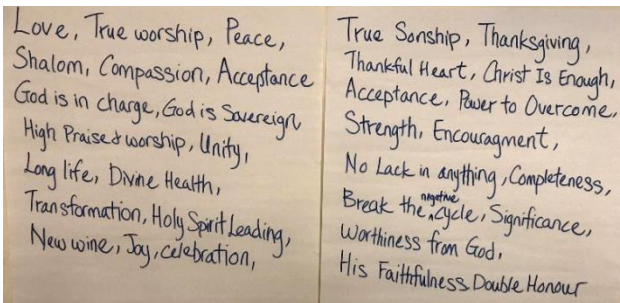
In the first RTF course I attended, there was a time of prayer for cleansing myself and my family when I told the Lord to go to my house (and I gave the Lord my home address). As I was praying, I sang in tongues and the Lord told me: Empty your heart and I will fill you with brightness.

Then I realised that I needed to come to the Lord in emptiness and allow the presence of God to fill me with fullness. It was a nice feeling I experienced.

At the RTF seminar in JCC, when all of us were praying, I told God that I have so many problems, my family members have not known the Lord yet, many issues not solved ... The voice came to me and said: My child, you are not alone; I am walking with you, not in front of you, not behind you but just side by side with you.

Each time I attended the RTF, I experienced a different touch from the Lord

I have attended RTF twice and have been differently touched by the presence of the Lord.



Confessing our sins and the sins of our Fathers; forgiving others, receiving God's forgiveness and forgiving ourselves ... There were so many things taught and learnt – understanding the truths about God's character, His design

and the promises in the Bible – and I need more time to slowly digest them.

The key message is alive: ATL (Ask The Lord)

ATL for a word of encouragement/blessing for yourself and those around you who have problems, more problems and seemingly endless problems that threatens to overwhelm.

*Peggy Tan*